

BOW VALLEY RESOURCE

Including Arrowwood, Milo, Queenstown, Shoultice and Mossleigh



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ARROWWOOD, ALTA., OCTOBER 13, 1932

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First Prize Health Essay at the School Fair

The following health essay written by Mildred Kauffman, was awarded first prize at the Arrowwood District School Fair:

In our life's experiences we find health to be very important. As children we were always warned to abstain from anything which might injure our physical bodies. Then when we grew older we gave health our first thought. It is our one true treasure.

Health is priceless. It can not be bought. What is wealth without health? We could not enjoy our riches if weak physically. What is education without health? When poor physically we could hold no steady position. We would be in constant fear of a nervous breakdown or other trouble affecting us from childhood.

Guard against ill health. Enjoyous should be healthy. Careful of the food we eat. From health books, Doctors and other sources, one can secure knowledge of the proper nourishing foods. Without these proper foods our stomach could become a nest of diabolical germs.

First aid is essential. Everyone should have a complete knowledge of the simple methods of treating wounds, burns, cuts, fainting and many other every day occurrences. Even a slight cut if improperly treated could readily become infected and blood poison or cancer have an easy chance to pursue its course.

Exercise is a decided advantage in constructing a healthy body. Exercise helps to build strong muscles and tissues which will stand the wear and

tear of daily hardships. It is well to remember also that too much exercise is detrimental to the health in that it wears down the cords and tissues, thus leaving one weak.

As much as possible keep in mind the childhood training of early to bed. Sleep rests mind and soul and body. After the day's toil we rest, that our bodies might regain their former strength so that we can arise refreshed and healthful.

Our body is a living temple given to us by our Maker. Therefore we should see that we make it a beautiful masterpiece of good health.

P.T.A. Hold Meeting and Elect Officers

The P.T.A. met at the school on Tuesday and the following officers, were elected for the ensuing year:

President—Mrs. Lewendon Vice-Pres.—Mr. H. McCollough Sec.—Mrs. R. E. Hales Directors—Mrs. E. Lewendon, Mrs. C. G. Taylor, Mrs. G. Jones, Mr. C. E. Johnston and Mr. E. Lewendon.

The members were so well pleased with the way in which Mrs. W. H. Ellis and Mrs. G. Jones handled arrangements of the hot lunches last year, that they were unanimous in re-electing Mrs. Ellis and Mrs. Jones to fill the position this year.

The sum of \$9.40 was realized from the sale of literary dinners at the School Fair.

The P.T.A. wish to thank the ladies who donated the milk for the Visions during the two days of the fair.

Some people try to do something and be somebody while others try to do somebody and be something.

Health Exhibit

The monthly well-babies clinic was held at Queenstown on Friday, Sept. 30th, with a good attendance. The next regular clinic will be held on Friday, Oct. 21. All others are invited to come and have the baby and pre-school children weighed and measured.

The regular well-babies clinic will be held on Friday, Oct. 14 in the S. S. Rooms of the Church of the Brethren, 2 to 4 p.m. All are welcome. The object is to make well babies well.

Miss Davidson, public health nurse of the Marquis Municipality is holding a health exhibit of work done by school pupils, not in any school fair, Saturday Oct. 15th, in the Odd fellows Hall in Milo.

A splendid program of Health Plays, demonstrations of First Aid and recitations of Health Rhymes will be given by the School pupils, program to start at 2 p.m. The Swastika School and the Shoultice School will give the Health Rhymes they gave at the Arrowwood School Fair Parade.

Prize List
Health Poster
Gr. 1-2..... 1st, 2nd, 3rd prizes
Gr. 3-4..... 1st, 2nd, 3rd prizes
Gr. 5-6..... 1st, 2nd, 3rd prizes
Gr. 7-8..... 1st, 2nd, 3rd prizes
Gr. 9-10-11..... 1st, 2nd, 3rd prizes

Health Essay
Gr. 3-4..... 1st, 2nd, 3rd prizes
Gr. 5-6..... 1st, 2nd, 3rd prizes
Gr. 7-8..... 1st, 2nd, 3rd prizes
Gr. 9-10-11..... 1st, 2nd, 3rd prizes
School showing best program of health and improvement, 1st, 2nd, 3rd prizes.

Health house made by pupils, 1st, 2nd, 3rd prizes.

There are 24 class rooms taking part.

Local and Personal

Miss M. Newton of Redlaw is visiting her sister Mrs. R. Dahl.

Mr. and Mrs. G. G. Smith and son Clifford spent Thanksgiving at Olds.

Mrs. W. Service and Mrs. J. Hinch leave today for Hasser and will return on Friday.

Mr. and Mrs. Paul B. Kauffman and children, from Clancy, were guests of Mr. A. J. Kauffman and family on Monday, Thanksgiving Day.

John Clemens Warden, aged 54 years, who died at Vulcan on Sunday, Oct. 2nd, was a native of Pennsylvania, who came to Alberta in 1906, and following residence for periods at Stavely and Carmangay, made permanent location in 1911 in the Reid Hill District, some few miles east of Vulcan.

He was a man of excellent qualities, commanded the esteem of all, while his disposition to service gave him place of prominence in activities in an extended territory. He was deacon of the Baptist church at Reid Hill for 12 years, served several terms as trustee of the public school, and at the time of his death was in his fourth year as councillor of Harmony municipal district.

Those of the family who survive are Mrs. Grace Warden, the widow; five daughters and five sons, namely, Frances, Eva, Vernie, Jean, Hughena, Boyd, Leslie, Robert, Ralph and Cecil.

Born—To Mr. and Mrs. Mark De Witt, on Monday, Oct. 10th, a son.

Mrs. J. Mackie is at present attending Mrs. De Witt, at her home south of town.

Miss L. Mackie and Miss L. Spencer were visitors in Calgary on Saturday.

Mr. and Mrs. Omer Larsen were business visitors to Calgary yesterday.

FOR SALE—Hester, pipes and board, in first-class condition, belonging to H. M. Kerr, for particulars apply F. E. Bell.

The next meeting of the U. F. W. A. will be held on Wednesday of next week at the home of Mrs. R. Hill.

Miss Gertrude Lloyd, sister of Tom Lloyd, underwent an operation for appendicitis in Calgary on Monday last.

Bob Anderson opened his pool room and barber shop last Saturday evening, and it is proving the centre of attraction.

Mrs. Bahgood of Namaka, mother of Mrs. Nichol of Mossleigh, passed away last Saturday after a lingering illness.

Mr. and Mrs. R. H. Bishop gave a party for Mrs. H. Ward, and Mrs. G. Jones attended the Masonic banquet at Gleichen on Tuesday evening.

Mrs. E. Lewendon has been granted a license by the Dept. of Public Health, Edmonton, permitting her to operate a private maternity hospital.

Jack Roberts, invincible Gunner Goalie for the past two years, is intending to play the same part for Gleichen this year. We understand that Jack is to be caretaker of the Gleichen rink this winter.

The world cannot exist without faith. There is the faith between parents and children, man and wife, in our business associations, in our government and in the Author of all things. There are fakers in all fields but we should not condemn religion for the wrongdoing of a few.

Thanksgiving Day in Arrowwood was spent very quietly probably due to the inclement weather which prevailed. The roads were also in a very bad condition making travel difficult.

Ladies! Have you tried **Flavilla**, the new vanilla extract? Many users prefer it for baking, cooking and in making ice cream, as it does not cook, bake or freeze out. **Flavilla** costs so much less, and you use only half as much as you would of ordinary vanilla extract. You get it at the **Drug Store**.

The dance at Shoultice put on by the Community Club, last night was another very enjoyable affair. A large number of Queenstown and Arrowwood people were present to make the season's first dance a success. Music was supplied by a Queenstown orchestra, which kept the crowd in hilarity until 3 a.m.

Mr. and Mrs. M. H. Ward were visitors to Calgary on Wednesday.

Mr. and Mrs. Frank Johnston left Wednesday evening for Brant to attend the funeral of the late W. H. Fletcher, who died on Monday, the funeral taking place at Nanton at 2:30 this afternoon.

The Phillips Hardware are putting on a big reduction sale lasting for eight days. The sale will commence on Friday, Oct. 14th. Everything in the store is reduced and it will pay you to investigate the bargain offered.

Remarks by Judge McIntyre on School Fair Exhibits

Raisin Cakes should be level on top; if not it is the result of flour mixture too stiff, too hot an oven or too much baking powder. There are many variations of flour therefore the need of getting acquainted with the flour to be used. Our attitude requires about 1 more liquid than some recipes call for.

Streak and drain raisins to avoid raisins from going to the bottom of cake.

Cakes should have fine grain, good flavor and color.

Grease only bottom of cake pans. Line with greased paper.

Bran Muffins, very good, require very hot oven, bake 35 minutes and should be fine of grain.

Cottage Cheese, make stiff to stand, not watery, little sugar improves flavor.

School Lunch, very good lesson for girls, pack attractively add milk or soup, do not advocate much cocoa. Lunches containing pastry or strong drink should not be expected to receive a prize, use more whole wheat bread in school lunches; when possible use fresh tomatoes, peaches, apples, etc. Plain cake, no pastry.

Date loaf, to be of fine grain not too stiff.

Baking powder Biscuits, Girls exhibit in your own class. Broad, excellent, would like to see more brown bread exhibited.

Candy, excellent.

Recipe not enough for three layer, use two layer.

Canning, enough for flavor.

Hemmed towel by 7 year old girl unusually good.

Knitted scarf very good.

Doll dress very good.

Slip-over apron, only one, not made by the instructions in School Fair Bulletin, awarded third prize, should have button hole on belt.

Patching, best seen this fall. Barning, of good quality. Bed room set, very good. First prize set excellent.

Knitted mittens, only one pair.

Knitted scarf, none exhibited.

Thrift, One of the best inspected flour and sugar sacks class articles well worth while. Dresses in this class best over seen.

Articles from old wearing apparel, congratulations to girls, this class liked best by the judge.

Judge McIntyre encouraged the local community to continue with the annual School Fair, it being worth while and of such great value to the children. As can be seen from his remarks our school fair has been of high class, not standing below other fairs in the province.

Miss McIntyre has left a list of articles that were on exhibit that she would like to have sent to Olds to display with other articles to be taken from other school fairs of the province.

This display will be in March at the Olds School of Agriculture.

One of the local committee is in charge of this list.

TRAIN SCHEDULE AT GLEICHEN

No. 1 Westbound	9.10 p.m.
No. 3 Westbound	5.50 a.m.
No. 2 Eastbound	4.30 a.m.
No. 4 Eastbound	7.25 p.m.

Arrowwood Market Prices

Wheat	
1 Northern	28 1/2
2 Northern	28 1/2
3 Northern	25

Oats	
2 C.W.	11

Barley	
3 C.W.	8

Flax	
1 S. W.	47

Butter and Eggs	
Butter, per lb.	32
Eggs, per dozen	18

Calgary Quotations on Livestock	
Steers—	
Good and choice	33.00 33.25
Medium	25.00 3.75
Common	15.00 2.00

Holsteins—	
Good and choice	3.50 3.25
Common	2.00 2.25

Cows—	
Good	1.75 2.00
Common	1.00

Lean—	
Good handy wgt.	4.25

Sheep—	
Good handy wgt.	2.00 2.50

Hogs—	
Select bacon	4.30
Bacon	3.80
Butchers	3.30

The Alberta Pacific Grain Company Ltd.



COMMERCIAL business in the North-West Territories in 1901—four years prior to the formation of the Province of Alberta—The Alberta Pacific Grain Company, and predecessor Companies, carried in its records a long list of service to the farmers of Alberta.

ALBERTA Grain Company, Limited, under the able management of John I. McFarland, commenced business in 1901. Total production of wheat in Western Canada in that year had reached less than 65,000,000 bushels. Under Mr. McFarland's policy of fair dealing with all farmers, the growth of his company kept pace with increasing wheat production in the West. In 1912 Alberta Pacific Grain Company, Limited, was brought into being under guidance of Mr. McFarland, and consisted of an amalgamation of Alberta Grain Company and Alberta Pacific Elevator Company, Limited.

THE "A.P." organization continued to grow. Its elevators followed the railway construction across lands the newly cultivated areas of Alberta and extended its operations into Saskatchewan and Manitoba.

WITH the completion of the building of the Panama Canal the "A.P." became a pioneer in the movement of grain to import markets through the Western routes. Terminal elevators, having a capacity of 6,150,000 bushels have been acquired by the Company at the Port of Vancouver.

THE "A.P." system has passed through the financial stress of 1907-08; the war and its aftermath; hard periods and the business upheaval of the past three years—a period of years, many of which have been obscure and filled with business uncertainties. In all its three decades of dealings with thousands of farmers and the handling of hundreds of millions of bushels of grain, the Company has never failed in an obligation to any client. Among its customers today are pioneers of Alberta who drew the first bushel of grain produced in the Province to an "A.P." elevator.

FAIR-DEALING with its customers, coupled with competent office and field staffs, efficient physical grain handling equipment and desire and ability to return to the grower the most that can be obtained for his grain, has brought the "A.P." system from its humble beginning in 1901 to its present position in the grain trade of Canada.

THE policies of the "A.P." today are and will continue to be, those of the founder of the "A.P." system.

J. I. McFarland
GENERAL MANAGER

Outstanding Value—Always

TEA

"Fresh from the Gardens"

The Price Of Wheat.

Saskatchewan is the great wheat growing province of Canada. In normal years it produces more wheat than any state in the United States, and more than one-half of all the wheat grown in Canada, and Canada is one of the great wheat exporting countries of the world. Wheat is not only the primary industry of Saskatchewan, as it is to a somewhat lesser extent of Manitoba and Alberta; it is its very life blood upon which the existence of all other business and industry depends. It is, therefore, a vitally serious matter when the price of the grain, the main for his life, drops below the cost of producing it, and today yields him on these prairies only some 30 odd cents a bushel. Why is this?

Dr. J. T. M. Anderson, Premier of Saskatchewan, recently stated he could see but little hope for any great improvement in the price in view of the great surpluses and in view of the fact that Germany, France, Italy and even Spain were growing sufficient for their own needs. He expressed the belief that the only remedy lay in a conference of leading wheat-growing countries of the world to arrange curtailment of production.

Mr. James G. Gardiner, leader of the opposition in the Saskatchewan Legislature, has, in speeches delivered by him, outlined the reason why these European countries, which formerly were large importers of Canada's wheat, are now producing sufficient for their own needs. He has pointed out that it is not because it is economically profitable for them to do so quite the reverse is true. France today is devoting lands to the growing of wheat which formerly grew grapes to be made into wine, and which if still devoted to vineyards today would be producing wheat in a devoting large acreages to wheat growing that could be and formerly were put to much more profitable purposes. The same is true of Italy, Spain, and other European countries. And the question arises: Why?

The reason is: Fear. And it is the only reason. The nations of Europe are still suspicious of each other, and are convinced that others have designs upon them and only await a favorable opportunity to wage war upon them. The world could disarm tomorrow if it were not for the prevailing fear in the minds, not of statesmen, but of the people of Europe. They expect another war and are preparing for it; hence they will not disarm, but are strengthening their positions in every way they can.

And when war comes, as they are convinced it will come sooner or later, the resulting power of any country will depend upon the degree to which it can feed its own people. Germany is convinced that great losses in 1914-15. The people of France can live without grapes and wine, but not without bread, so former vineyards are now given over to growing wheat and other grains; in Germany country formerly devoted to vineyards and other products of less essential things have been discontinued for wheat growing; Russia is putting forth almost super-human efforts to raise enormous quantities of wheat to sell abroad in order that it may buy back machinery, electrical equipment, chemicals, minerals of all kinds, and thus create enormous industries which can, when required, be converted into munition plants. The men on the large state farms in Russia who are operating farm tractors are, at the same time, being taught the mechanism of tanks for war purposes so they will be trained and ready to switch from the tractor to the tank. The same thing in varying degrees is taking place in all continental European countries.

It is all a price exacted by "Fear" and the nations are prepared to pay the price of heavy losses sustained by the conversion of lands to wheat growing which could much more profitably be utilized for other purposes. As a result Europe no longer needs to import quantities of wheat, and the prairie provinces of Canada are convinced that great losses in 1914-15. The old markets upon which they relied closed to them, and themselves in the position of being unable to sell at a price which will cover the cost of production, let alone yield a profit.

The Canadian people themselves cannot change this condition; it cannot be done by moving our Customs tariff up or down; or by inflation of currency; or by nationalization of banks, socialization of industry, writing off of debts and interest charges, because, if the prairie farmer was freed of all debt today he would begin getting into debt again tomorrow if he went on producing wheat which he could not sell except at a price below what it had cost him to produce.

The main cause of our financial and economic difficulties in Western Canada today is the fundamental one—"Fear." If that fear could be dispelled and confidence re-established, European countries would discontinue non-profitable wheat growing and go back to the production of those things which would yield them more substantial returns; they would again buy wheat instead of raising it, and would be able to pay a good price for it out of the profits derived from the production and sale of those things they can produce, and formerly did produce, to better advantage than other countries. What can Canadians do in the matter? Only this: Resist every inclination in the direction of a new nationalism, and encourage a broad internationalism, because extreme nationalistic feelings and ambitions on the part of one nation develop fear and a like feeling in all other nations. Every time a racial or religious prejudice is emphasized, fear is raised in the minds of some one. Whenever one nation seeks to advance its own interests at the expense of another nation, suspicions are aroused and fear grows. One reacts upon another, and suspicion, antagonisms and fear grow like mushrooms in the dark.

The world is paying an awful price that is filled with "Fear." Let us help both nationally and in our daily individual thought and actions to dispel it.

Has Taken Long Time

A compact volume, containing all the building laws of the city of Montreal, will be tendered to the public. The book, first mooted in 1896, drafted in 1910 and to see the light of day 22 years later, is said to be a first step towards a drastic town planning programme. S. Fortin, city expert, has devoted his whole time this year to compilation of the manual.

Prince Of Wales Thoughtful

Royal courtesy is always apparent in the conduct of the Prince of Wales. During a hot spell recently, when the sun was blazing on the sentry's beat at York House, the Prince, noting this, suggested to the Officer of the Guard that, for the time being the sentry might transfer his beat to the other side of the court, where there was some shade.

Pains In Stomach and Bowels
So Bad Would Have To Sit Down

Mrs. G. Landry, Montreal, N.B., writes: "I am certainly recommending Dr. Fowler's Strawberry for cramps or pains in the stomach and bowels. 'Last Summer I had such awful pains in my stomach and lower part of my bowels, at times, I would have to sit down. I took Dr. Fowler's and was soon relieved. 'When my children were small I always kept a bottle in the house and it helped them wonderfully whenever any of them had bowel complaints.'"

Record Hard To Equal

Newspaper Correspondent Wrote Out Long Speech From Memory. Discussing newspapermen with prodigious memories W. Orton Tewson, the English writer who lives in New York and writes a column of anecdotes, says that Stephen de Blois, famed Paris correspondent of The London Times in the seventies, broke all records. According to the story J. T. Delane, editor of the Times, had been visiting Paris and with de Blois headed the French Minister of Foreign Affairs deliver a long and important speech in the Chamber. There were no arrangements for reporting such matters in those days. Delane remarked to de Blois, as he was taking a train for London: "If we could have that speech from end to end in tomorrow morning's paper, what a glorious thing it would be." After his editor departed de Blois reassured he could remember the speech, word for word. He wrote it out and cabled it, and Delane found it in the columns of the Times when he reached London. It was an accurate report.

NOT A PAIN AT 78

She Feels Like 48

Aches and pains are not inevitable in old age. When they do come, there is always a cause for them—a cause that can be overcome. Here is a little story of a growing old by a woman of 78—

"For the last five years I have taken neither Salsol and I tell you truthfully I could not live without them. I am 78 years old and I feel as young as I did in 48. I give the credit to Kruessol. No one will believe my age."—(Mrs.) C. M.

Most people grow old before their time because they neglect one of the most important things for internal cleanliness. Eventually they feel the healthy Kruessol habit. This, probably, is the reason in their lives, they start getting rid of the day of all wastes and the system. And almost immediately they feel their youth has returned; they feel energetic and healthy. The word, they've got that famous "Kruessol Feeling."

Western Canada Flowers

Manitoba Ships Lily Bulbs To The Old Country

Frank L. Skinner, of the Hardy Plant Nurseries, Dropmore, Man., made several shipments of lily bulbs to the Old Country and all parts of Canada has recently received a letter from W. A. Constable, Kent, England, specialist in lilies and rare bulbs that he had received favorable comments concerning his lily from various enthusiasts who saw his spike at the Royal Horticultural Show at the Crystal Palace, London, and also from the Hon. J. B. de la Roche, in France, who was particularly struck with the bulb. Constable is preparing their lily, which were shown at the lily conference in London next year.

If Miller's Women Powder needs the support of testimonials they could be got from mothers who know the great virtue of such a powder. But the powder will speak for themselves in such a way that there can be no question of them. They act speedily and thoroughly, and the child to whom they are administered will show improvement from the first dose.

Brothers Widely Separated

Charles Grant of Loveland, Colorado, one of three brothers, triplets born in Scotland, recently celebrated his 92nd birthday. The other brothers, James and John, live in Australia and Hong Kong, China, respectively.

Fredom From Asthma. Asthma is one of the most distressing troubles, and it is a great trouble and prolonged in its agonies. Frequently many attempts are tried, but they are unable to give hope of relief. Dr. J. D. Kellogg's Asthma Remedy is the one help which can be depended upon. If you have tried other remedies without success, do not fail to get at once a package of this uniformly successful preparation.

About nine-tenths of the coal mined in Britain is produced by the state-owned collieries at Perm.

Persian Balm is the one true remedy for skin health and beauty, the mother in additional loveliness. Protects the tender skin of the child. Delights the father as a hair fixative or cooling shaving lotion. No matter what use it is put, it is always beneficial to the skin. Every woman should use Persian Balm to counteract the carcases the skin and creates complexion of surpassing loveliness.

The complete opening of a rice flower has been known to take place in 30 seconds. The bloom lasts from two to three hours.

Husband (terrifying home into): "Can't you guess where I've been?" Wife—"I can; but go on with your story."

PACKS
RIGHT-LIGHTS
RIGHT-BURNS
RIGHT-IN
YOUR

PIPE

OGDEN'S



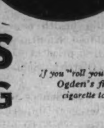
OGDEN'S



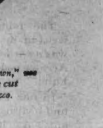
OGDEN'S



OGDEN'S



OGDEN'S



Task For Scotland Yard

British Police Try To Discover Agents Of Drug Ring

Six women, photographed in British society, wealthy, glamorous, and splendidly groomed, are being watched day and night by Scotland Yard as the alleged chief agents of a drug ring supplying Maifair with thousands of dollars' worth of narcotics.

So far the women have thwarted efforts of the police to get the conclusive evidence demanded by the English courts.

The six women entertain and move freely in the titled circles of London's west end.

Hansen Swaffer, noted dramatic critic and London columnist, claims to have been at several Maifair parties where a secret traffic in narcotics was taking place. "There is a drug racket which spreads from the heart of Piccadilly through the great boulevards of Paris and right across Europe into Asia," he wrote recently.

Turkey is said to be the chief source of the narcotics, which are brought across the Syrian desert to the main port of El Kantara, on the Suez Canal.

Structure Of The Atom

Photograph Perplexes Noted Scientists And Physicists

A photograph of the structure of the atom, noted scientist recently and announced threatened to upset accepted theories regarding the structure of the atom.

The photograph, one of 10,000 made by Dr. Carl D. Anderson, California Institute of Technology graduate, shows the tracks left in vapor by particles blasted out of the hearts of atoms of cosmic rays.

The probable interpretation of this track, scientists who viewed the photograph at a meeting of the astronomy and Physics Club stated, is that it was made by a positively charged atomic particle out of line with previous atomic conceptions.

For many years, physicists have based their picture of the atom on the theory that the mass of a proton, one of the positively charged particles in the nucleus or heart of the atom, was more than 1,800 times that of an electron, one of the negatively charged particles which fly about the nucleus.

Reach Working Agreement

Saskatchewan and Alberta Co-Operate in Workmen's Compensation Payments

Coming into effect January 1 next, the provinces of Saskatchewan and Alberta have reached a working agreement covering payments under the workmen's compensation board, to employees from one province receiving injuries in the other province. A similar agreement with the province of Manitoba has been in effect for over a year.

According to the terms of the agreement with Alberta, published in the Saskatchewan Gazette, should the Saskatchewan workman, whose work takes him to Alberta receive injuries, requiring compensation, in Alberta, the Saskatchewan board pays the compensation, and vice versa.

Interior Of Earth

Interests Scientists

Find Ocean Tides Disturb Crust For Six Miles Inside

Fresh evidence that scientific investigation again has taken a perpendicular course comes with the announcement by two men in California that the push and the pull of ocean tides disturb the earth's crust for a distance of six miles. Recently scientific interest turned to the stratosphere, with the ascent of Professor Piccard; now it is directed toward the interior of the earth. Since the discovery in California was more than an accident, being made in connection with other experiments, further observations will be required to reveal its full import. These will be made next winter.

There are 6,000 distinct varieties of daffodils according to the agricultural Society of London, and of these 800 are registered.



DIAMOND TINTS

AT ALL DRUG STORES

Deserves Censure

We regret to report that the Toronto Star is guilty of suggesting a propos of an exhibition of girls' bathing suits made of spruce—that a social note may yet say: "we were much struck with Miss Blank's spruce bathing suit when we cedar in it."

Douglas' Egyptian Liniment is recommended for sore necks, galls, disempers, calouses and spavins. Heals sprains, rheum and Hot Feet. Stops bleeding instantly.

Once it was a joy ride when the horse felt his oats; now it is a joy ride when the driver feels his rye.

The first pneumatic tire, introduced almost a century ago, were made of canvas and leather.

Try Lydia E. Fishback's Vegetable Compound

She's all worn out again

Poor girl... she has the same old headache again. She ought to try Lydia E. Fishback's Vegetable Compound in tablet form.

attacks
COLDS

2 WAYS
once
1-by stimulation
2-and inhalation



COVER 14 MILLION JARS USED YEARLY

Defeats Counterfeit Coin

Attila Somlay, Hungarian actor, has invented an apparatus by which he claims, one can easily detect counterfeit coins, even when such coins contain a liberal quantity of the more valuable metals and alloys. One such apparatus is now being tested by the Hungarian National Bank and another by the post administration.

The dove of peace, apparently, does more billing than cooing.

bilious?

Don't delay! Relieve congested bowels with Epsom's Salts. Take Epsom's Salts every morning.

TAKE Epsom's SALTS

for "CHAPPED SKIN"

Disinfects with one-half ounce a day. For Free Book use the Coupon freely and intelligently. No trouble. Very healing!

MINARD'S LINIMENT

"KING OF PAIN"

PURELY VEGETABLE

The best thing you can buy

for RHEUMATISM and SICK HEADACHES

Sold everywhere in 25c and 75c test pgs.

CARTER'S PILL

DR. HAMILTON'S PILLS

FOR HEADACHE INDIGESTION BILIOUSNESS CONSTIPATION

To Build Resistance Easy to Digest



Christie's PREMIUM SODA CRACKERS

Crisp, light, flaky and slightly salted. Irresistible. Once the family starts eating them... be sure the supply doesn't run out.



"I'm glad you bought plenty of Christie's Premium Soda Crackers... because, with soup, they're about all we'll need for a good lunch."

Energy Survey Being Made

Gigantic Task Undertaken By Technically Trained Men

Unlike a business run for profit, there are many different criteria for the success of a civilization. Successful living certainly can not be measured alone in dollars, shillings, francs, yen or talents of silver. Money is a commodity like wheat or iron.

At Columbia University there is in progress an "energy survey" of the North American continent which will be an important addition to the factual knowledge of the world in which Americans live. Three thousand charts are being constructed to trace the total energy required, the mass employed, the man-hours worked, and the quantity of commodity produced year by year for the century ending 1950. Three thousand industrial and agricultural products are being surveyed. It is a gigantic task being pushed to completion with the aid of technically trained men, which the economic disorder of our civilization has temporarily thrown out of regular jobs.

This is a valuable supplement to weighted price indices and other financial figures that already exist. Such studies as these are steps toward a planned economic life of the nation in which a depression would be as inexcusable as the failure of a housewife to order the food for dinner. Planning on a national scale is manifestly a most complex problem impossible of solution unless full and current data are at hand.

Science will play its part in future planning by furnishing methods for predicting human needs, as well as better and easier methods of fulfilling them. Some of the hardships of today are due to the inability of relationships among human beings and machines to keep up with the fertility of applied science.

Nowhere is a complex balance sheet of civilization needed more than in the difficult and basic adjustments of our economic structure in progress today. Attempts to treat the life of depression without a complete picture of just what is happening are as feeble as surgical operations performed in the dark.

The demand should be for more information and analysis before economic prescriptions are written. Then there will be less danger of killing the patient which is only too possible.—Science News Letter.

Dawn Patrol For Appetite
Members of the Brooklands Aero Club, near London, have formed a dawn patrol to get up an appetite for breakfast. The flying enthusiasts gather at dawn and fly for half an hour. They declare it beats any morning-up exercises for creating an urge for the morning meal.

Colic Pains

"I found that BABY'S OWN TABLETS relieve colic pains almost at once," writes Mrs. Alice M. Long Creek, N.B. Many other Mothers report equally happy benefits from giving their children the Tablets. BABY'S OWN TABLETS are recommended by Mothers for teething troubles, upset stomach, indigestion, colic, simple fever, etc. There is no need for YOUR child to suffer. BABY'S OWN TABLETS can be given with absolute safety—the safety is certified in each 25c package.

Dr. Williams' 25c

BABY'S OWN TABLETS

W. N. 17, 1962

How Calendar Was Corrected

Eleven Days Cut Out Of September

In 1752 September had only nineteen days in the year 1752, as you will see if you visit the British Museum Reading Room and ask for a copy of Rider's "British Merin" for that year. The British Merin was Whitaker's Almanack of that time.

All this happened for a rather curious reason. Until 1752 Great Britain used the Julian Calendar. This calendar of the calendar, many centuries before had not been able to measure quite accurately the length of a year. The result was that as time went on the error grew and grew, and if some change had not been made we should eventually have been skating when it was mid-summer, according to the almanack and sun-baking at official Christmas-time.

Something had to be done, and it was decided to cut eleven days out of September in 1752, and then to adopt a new calendar which would render errors impossible in the future.

This step produced tremendous agitation. Many people thought they had been robbed of eleven days of their lives, and there were hostile demonstrations in many parts of the country.

THE RHYMING OPTIMIST

By Alice Michaels

THE PATH THAT WAYS

Somewhere it lies, the path that waits
For my reluctant foot.
Beyond today's wide-open gates,
Today's green gardens sweet.

And though I seek to turn aside
And find a more familiar
I know life will not be denied,
I yet must journey there!

Somewhere it lies, the path that waits
From highways broad and bright
To rugged peak and deep moraine
And lanes of starless night.

But, for that way of doubt and fear
Toward which I must turn,
I must keep faith forever near,
High courage I must learn.

Somewhere it lies, the path that goes,
By ways I cannot guess.
To realms that blossom like the rose
With joy and loveliness!

Lined As Calamity

British Market Is Closed To Vegetable From France

Vegetable growers in the St. Malo district of France are asking that their losses be revised because of the closing of the British market for French potatoes and other vegetables. At a general meeting of growers a resolution was passed recommending that the authorities place the present situation in the category of public calamities.

By the use of the longest railroad rails in the world an English railway company expects to reduce the noise and vibration in its passenger coaches to a minimum.

Conrad Nagle operates a vegetable market in Beverly Hills.

Liberia is still mostly a land of unimproved jungle.

Relieve that pain safely

You can always relieve that ache or pain harmlessly with Aspirin. Even those deep-seated pains that make a man's very bones ache. Even the systemic pains so many women suffer. They will yield to these tablets! Aspirin has many important uses. Read the proven directions in every package, and don't endure any needless pain from neuralgia, neuritis, rheumatism.

Keep a bottle of these tablets in the house; carry the pocket tin if subject to sudden colds. Quick relief, without any harmful effects. Aspirin—don't neglect the heart! Just look each time for the name Aspirin—and the word "aspirin" printed in red on every box.

Every drugist has Aspirin, and if you ask for it by that name you are sure to get relief. "Aspirin" is a trademark registered in Canada.

A Scotch couple got married. He was fond of horses; she was fond of music. So they spent their honeymoon riding on a merry-go-round.

Production of secondary crops in Columbia is increasing.

You said it!

it pays to
"ROLL
YOUR
OWN" with..



Thousands of delighted smokers say it because they have proved it, time and time again. You can roll at least 50 cigarettes with a 20c. package of Turret Fine Cut cigarette tobacco.

And every cigarette you roll will be to your liking. The more you roll, the more you'll enjoy them.

15c and 20c packages
—also in 1/2 lb. vacuum tins

FREE Chanteclair Cigarette Papers with every package.

TURRET
FINE CUT
Cigarette Tobacco

Paper Selling Profitable

Stand Under Favorable Circumstances Can Become Very Valuable

When the late Edgar Wallace threw up his job of selling newspapers in Ludgate-Circus to join up for the war, he sold his pitch to another newsworthy for the modest sum of £10. He met the lad some years later and asked him how he was getting on. "Fine," was the rejoinder. "but you were a mug to sell it for £10; it was worth more than that." Apparently these pitches, under exceptionally favorable circumstances, can become very valuable indeed. A news-seller in the City of London who died quite recently was offered no less than £1,250 for his pitch. The explanation was that apart from selling papers in the street, he had quite a big community selling and delivering magazines and reviews. Standing at the street corner, shouting out the news of the day, no one would have suspected that he was a man of some substance. But he had a pleasant little house in the suburbs and he kept his own garden!

Rich Mineral Area

Gold Strike in Northern Manitoba

One of the most promising gold strikes made in all his mining experience was reported by Robert Jowsey, of Toronto, well-known Canadian mining man, upon his return by plane from God's Lake in northern Manitoba.

Mr. Jowsey declared that the God's Lake area holds as great promise for mineral development as Kirkland or Porcupine, judging by surface showings he encountered. He declared in all his prospecting experience he had not found a more promising prospect of his own or any made by others. He felt convinced there was rich ore in the ground.

Work on properties in the area will be started this winter and for the purpose freight will be carried on to God's Lake from Norway House and Pelly, Mile 214, on the Hudson Bay Railway.

The Oil Of Power.—It is not claimed for the Thomas' Electric Oil that it will remedy every ill, but its uses are so many that it may be looked upon as a general pain killer. It has achieved that greatness for itself and its excellence is known to all who have tasted its virtues and learned by experience.

Of course there's a certain amount of luck in bridge—a good deal depends on a good deal.

Archbishops and bishops of the established church are permitted seats in the British House of Lords.

Horses and ponies in the Irish Free State total less than 450,000.

Little Helps For This Week

"And in every work that he began in the service of the House of God, and in the law, and in the commandments, to seek his God, he did it with all his heart, and prospered."—2 Chronicles 31:21.

God is a kind Father. He sets us all in the places where He wishes us to be employed; and that employment is truly "our Father's business." He chooses work for every creature which will be delightful to them, if they do it simply and humbly. And we may always be sure, whatever we are doing, that we cannot be pleasing Him if we are not happy ourselves.—J. Ruskin.

Give me within the work which calls today,
To see Thy finger gently beckoning
So struggle grows to freedom, work to play.
And labor begun from Thine to Thine are done.—J. F. Clarke.

As a veritable effective preparation is Mother Graves' Estimator, and it can be given to the most delicate without fear of injury to the constitution.

"When a thing is troubling you," advises a psychologist, "sleep on it." But what if the thing that is troubling you happens to be a boarding-house bed?

Thief Escapes By Trick

Pursumer Stopped To Gather Bills He Scattered

An age-old trick was used by a Tokyo thief to escape his pursuers. He had snatched a bag containing \$1,500 from a truck and bolted along the street. Bystanders started in pursuit, but the thief thrust his hand into the stolen bag, pulled out a handful of bills and scattered them. Everyone diverged for the notes, and while they were scrambling for the money the thief got safely away.



IF YOU CAN'T NURSE BABY

Countless thousands of healthy, happy babies have been reared on Eagle Brand during the last seventy-five years. You will find our little booklet, "Baby Welfare," full of valuable hints on baby care. Write for it. Use coupon below.

The Borden Co., Limited, Toronto, Ont.
Baby's Own Tablets, 20c. 25c.
Address: 1100 Bloor Street W., Toronto, Ont.
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6-17

EAGLE BRAND

CONDENSED MILK

Christmas in the Old Country



Give the Old Folks the best possible Christmas present by going to see them this year. Enjoy the thrill of doing your Christmas shopping in London, Glasgow or Paris. Low ocean rates still in force.

Ocean Rates One Way Return

Cables from \$184. 185c.
Steamers from \$184. 185c.

Nearby a century of sea-experience is back of the famous Cunard-Anchor-Donaldson service, accommodation and comfort.

Weekly sailings throughout the Fall

LAST SAILINGS FROM MONTREAL

Nov. 18 ATLANTIC Princess, Havre, London
Nov. 18 ATLANTIC Princess, Havre, London
Nov. 18 ATLANTIC Princess, Havre, London
Nov. 18 ATLANTIC Princess, Havre, London

FIRST SAILINGS FROM HALIFAX

Nov. 18 ATLANTIC Princess, Havre, London
Nov. 18 ATLANTIC Princess, Havre, London
Nov. 18 ATLANTIC Princess, Havre, London
Nov. 18 ATLANTIC Princess, Havre, London

CUNARD

ANCHOR-DONALDSON



FIRESTONE

The Only Gum-Dipped Tire
on The Market

2 EXTRA
CORD
PLIES
UNDER
the TREAD
at
NO EXTRA
COST



Use Firestone
Tires and
Enjoy the
Extra
Strength
Extra
Safety and
Extra Service

Every Firestone
Tire carries a life-
time guarantee
against any defects
in material and
workmanship.

Call in and See These Tires

Smooth Tires and Slippery Roads are a
Bad Combination

Larsen Implements

House of Service" Arrowwood and Mossleigh

Arrowwood United Church

Rev. V. M. Gilbert, Minister

Sunday, Oct. 16

11:00 a.m. Church School

11:45 a.m. Morning Worship

We invite you to worship
with us

Church of the Brethren

10:30 a.m. — Sunday School

11:30 a.m. — Morning

It is better to have insurance and not need it, than to need it and not have it. See Omer Larsen

E. D. ARCHAMBAULT
Barber - Arrowwood
Patronize Home Industry and
Keep the Money in Our
Own Town
Arrowwood Barber Shop

**8 Wild
Hectic
selling days**

Oct 14th to 22nd

Huge Price Cutting Sale

All Our Stock At Reduced Prices

L. H. Phillips

HARDWARE

Arrowwood - Alberta

lishing House, the late Dr. Fallis, went after him roughly and the great majority of the Council were against the idea. But this year's Council is asking of its members and adherents this very thing."

The longer one follows closely the movements of the various churches, the more assured one becomes that organised religion is coming closer and closer to the ideals of Jesus. The process has been very slow and the inconsistency between "the Christian religion and the religion of Christ" has been most glaring. But at that, the church has come closer to the practice of the principles of Jesus than any other institution. And the more hopeful side is that she is taking more seriously than ever before the task of keeping her own door step clean.

UNTS SOLUS

Regular Meeting Arrowwood Council

A meeting of the town Council was held in the town office on Wednesday evening, Oct. 5th, Councillors Leonard and Lewendon and the Secretary being present.

The meeting opened with the reading of the minutes of the last session and on motion by Councillor Lewendon were adopted.

Correspondence of the last month was dealt with, consisting of letters from Jesuing Authorities re the change in the meaning of "resident" in the Relief Act, and a letter from the Calgary Power Co., advising them of the appointment of Don Robertson as local manager for this district.

The following accounts were presented:

Revelstoke Sawmill	\$16.00
T. S. Board	26.00
Geo. Duncan	9.15
School Taxes	13.42

Moved by Councillor Lewendon that the above accounts be paid, also two months of the street lighting account.

The Secretary was instructed to communicate with the out-of-town ratepayers, reminding them that this is the last month in which to save the 5% discount on village taxes.

Owing to the fire buckets at the fire hall having dwindled from twenty to about two, Councillor Lewendon moved and it was carried that, any one caught taking a fire bucket from the hall for any purpose other than that for which they were intended, will be prosecuted, also that the caretaker be instructed to keep the pump house door locked and put the wire netting screen back in its place on the north side of the pump house, by the tap.

On motion by Councillor Leonard, the Council adjourned.

Choice Meats

Always Fresh and at Reasonable Prices



You will always find the right meat in this place

J. Hesketh

Arrowwood - Alta.



Sales and Service, H. Anderson, Arrowwood

Here and There

Popularity of Canadian apples abroad has notably increased, and last year apple exports to Europe from Western Canada reached a new high record of 1,174,000 boxes, as compared with 660,000 boxes in 1930. Fruit growers are anticipating an even larger crop this year.

R. Y. Danland, formerly Traveling Passenger Agent, Canadian Pacific Railway, Winnipeg, was appointed District Passenger Agent, Atlantic Division, New Bay, Ont., effective August 16th. Mr. Danland has had a long and successful career with the Company, and is now receiving congratulations on his most recent promotion.

Numbers of anglers returning through Ottawa and Montreal report having experienced exceedingly good bass fishing. This was the expression of a group from Cincinnati, Ohio, who recently visited the bass fishing waters of the Gatineau River, north of Montreal, according to A. O. Seymour, General Tourist Agent, Canadian Pacific Railway.

This is evidently the peak year with partridge, one would judge from the reports emanating from various parts of the Laurentian and Gattineau districts of Quebec, according to A. O. Seymour, General Tourist Agent, Canadian Pacific Railway. In almost every locality partridge, as the ruffed grouse and Franklin grouse are best known, are very plentiful. Most flocks hatched this year are nearly full grown.

Most freight rates on live stock with low minimum weights to meet the competition of motor trucks in the transportation of animals to market have been put into effect by the Canadian Pacific and Canadian National Railways covering movement from stations within a radius of 150 miles of Toronto, and these were effective from August 15. The new rates are being tried out as an experiment, and it is expected they will result in a very substantial increase in the rail movement of cattle, sheep, and hogs.

One of the most interesting passengers arriving in Montreal by the Canadian Pacific 88, Duchess of Richmond on August 19 was "Miss England III", the world's fastest motor boat. After the international race with the "Wood's boat" at Detroit, Kaye Don will take "Miss England III" to Toronto, where visitors at the Canadian National Exhibition will be able to see an attempt by the powerful vessel to lower her own or any other new world's record. The big speed boat was accompanied in the Duchess of Richmond by R. E. Garner, senior mechanic, and "mate" to Kaye Don during the race.

Two hundred organizations affiliated with the governing body of the Canadian Chamber of Commerce, whose seventh annual convention was held at Hamilton, September 13-15, will send members to a pre- and post-convention sea cruise and land tour with the Clarke Steamship Co., the Dominion Atlantic and the Canadian Pacific Railways, scheduled to leave Montreal September 3 and return there September 19. The sea cruise will call at S.S. New Northland, Sydney at Charlottetown, St. John's, Newfoundland, and Halifax, prior to the convention and will cover the Maritime Provinces after it.

Cost of travel to Eastern Quebec, the Lower St. Lawrence and to resorts in the Maritime Provinces has been deflated this summer in a rare revolution that has never been equalled in the history of the railroads of Canada. This reduction works out at about one and one-half cents per mile to any one of a score of glorious summer centres on Canadian-unsurpassed Atlantic seaboard with proportionately reduced fares to many other destinations in eastern Quebec and the Maritime Provinces which are to be effected from stations in the province of Quebec, Montreal and Quebec, and also in Ontario, Sudbury, Capreol, Windsor, Barrie and Port Hope. This great concession by the railways of Canada is on only during the month of August with a return limit of 21 days, and a return rate of sale. (642)

26 LIVES LOST IN ABLERTA BY FIRE!

This was the Toll of Human Lives in 1931

Added to this was—

Property loss totalling more than—\$3,000,000.00
Forest Fire loss totalling more than—\$ 800,000.00

Help Us Fight this Great Public Enemy

Some of the Causes:

- A neglected camp-fire.
- A settler's clearing fire.
- A carelessly handled burning straw stack.
- A lighted match heedlessly flung.
- An improper use of gasoline and kerosene.
- A yard or building full of rubbish.

These and many other causes result often in fires that snuff out lives and do untold property damage.

Issued by the Government of Alberta

Forest Service Branch
Department of Land,
and Mines

Fire Commissioner's Office,
Department of the Treasury

We Can Supply You With

Cards
Posters
Envelopes
Bill Heads
Statements
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Letter Heads
Butter Wraps
Loose Leaf Work

Bow Valley Resource

Try a "For Sale" Advt in the Resource

WAGIN' TUNG

Vol. 2, No. 9 Arrowwood, Oct. 13, 1932 Items for That

Why Not a Little Gravel?

The muddy roads for the past week have brought to us forcibly the necessity of a little gravel for our streets. When one drives into that bustling suburb to the west, Mossleigh, he finds no trouble to navigate on their gravelled streets. Why not let Arrowwood follow this good example and get busy and make our streets passable? We hereby agree to gravel our part—now who will be the next to throw his hat into the ring?

With the approach of winter, the fact is brought to our minds that arrangements must be made for winter stock feeding. Don't forget that chopped or cut feeds produce faster and make it count as a more economical figure. See us for your needs in a grain chopper, or better still let us show you the advantages of the Letz Roughage Mills.

The only excuse for singing in the bath tub is a defective lock on the door. The only excuse for your motor (falling to respond on the hills or not giving satisfactory mileage is that you are not using British American New Green Super Gasoline. Drive up to

our pumps and get a fill of this new invigorating, pep-producing vitamin for your car.

You need all the profits from your hard to make it count as these depression prices. There is a no better way to skim these profits off than by using a Renfrew Cream Separator. Ask for a demonstration.

Farmer: "No, I couldn't think of chargin' ye for the cider. That would be boot-leggin' and praise the Lord I ain't come to that yet. That peck of potatoes will be five dollars."

Fill your crank case with Autolines, the life savers for gasoline engines.

Good Equipment Makes a Good Farmer Better
Larsen Implements
"House of Service"
ARROWWOOD and MOSSLEIGH

Clocks, Watches, Spectacles,
Sewing Machines,
Typewriters and Gramophones

Cleaned and Repaired by
an Expert workman with
40 years' experience in
Electricity, Etc.

If you are contemplating the purchase
of a new watch, see us before doing so.

A. ANDERSON
Jeweler Arrowwood